






NOVEMBER 2023 **NEWSLETTER**

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From the **Director's Desk**

Welcome to this quarter's edition of the NCEED newsletter! We have some exciting announcements that we'd like to share as well as updates on our existing work.

We've [refreshed our website](#) to provide a more streamlined experience for users. We still provide a rich library of evidence-based resources and access to a robust training center, but we've also improved the navigability of our site to enhance the user experience.

Additionally, we've added a way to directly request a collaboration with NCEED to help make interfacing with us that much more efficient. Interested in a webinar? Want to develop a document or product to increase knowledge and advance training? Need a subject matter expert to provide information on a topic? Our [Collaboration Request Form](#) allows you to submit these requests along with any other needs you might have.



We've just entered our sixth year (given an extension in funding from SAMHSA) and with this additional time, we gave some thought to how we can best meet the needs of the stakeholders we serve. NCEED continues to focus on serving the primary care and frontline healthcare workforce, and in doing so we are implementing new projects and strategies to better reach this market. First, **we're adding some new faces to NCEED to better reflect the primary care and frontline healthcare workforce**—stay tuned for these announcements! **We will also be launching a Learning Collaborative** in which behavioral health clinicians embedded in primary care can receive direct training on an innovative intervention as well as implementation support as they navigate eating disorders in their practice. The intervention itself will be a novel approach to treating eating disorders and help increase access to care during a time in which wait lists can be lengthy. Lastly, **we will be piloting a consult request service to help support primary care clinicians** as they navigate screening, referral, and management of patients with eating disorders.

The development of each of these initiatives would not be possible without your continued engagement and support. In fact, the feedback you provide often serves as the springboard for these ideas and allows us to better understand the existing needs in the field. As always, I encourage you to stay tuned via these newsletters and our social media to learn more about our upcoming work. We remain ever thankful for the work you do on behalf of patients who struggle with eating disorders, and welcome any feedback, questions or concerns you might have.

Best regards,

Christine M. Peat, PhD, FAED, LP

Director, National Center of Excellence for Eating Disorders

Associate Professor of Psychiatry, University of North Carolina at Chapel Hill

NCEED Introduces **New Website**

We are thrilled to announce that NCEED has a new website! As we move into our sixth year, we recognize the need for a more in-depth site with additional features, a more user-friendly layout and clear navigation for different groups that are looking for information or help with eating disorders. We have accomplished this - plus more - with the creation of our new site.

We invite you to visit our new website and see what we have to offer. From updated training and infographics to improved search engine optimization, our site will continue to serve as the hub of information and evidence-based research for healthcare providers and our shareholders.

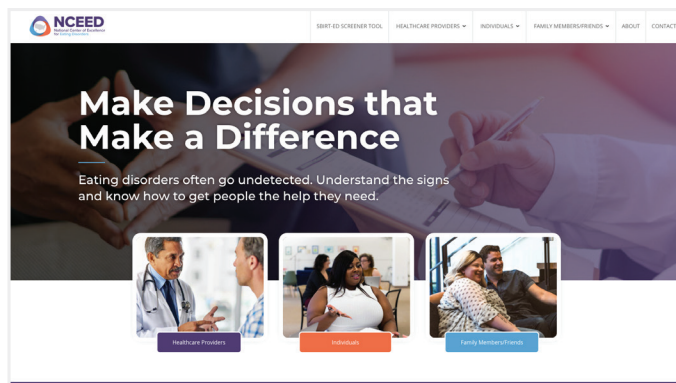
We welcome feedback on the site! Email us at info@nceedus.org and let us know your thoughts.

[View the Website](#)

Browse Our Webinar Catalog

Our new site also has a redesigned page for live and on-demand webinars. Live webinars are featured prominently on the homepage and on the new Webinars page. On-demand webinars are organized alphabetically on the page with clear descriptions, learning objectives and steps you can take to receive CE credit.

[See Courses Now](#)



Assessing Growth in Children and Adolescents for the Screening, Treatment and Prevention of Eating Disorders

Presenter

Anna Lutz, MPH, RD/LDN, CEDRD-S

[Learn More](#)



CBT-E Training

Presenter

Anna Bardone-Cone, PhD, FAED



Eating Disorders in Gender Diverse Youth: Guidance for Primary Care Providers

Presenter

Martha F. Perry, MD

[Learn More](#)



Part 1: Eating Disorders 101: Signs, Symptoms, Screening, and Referral

Presenter

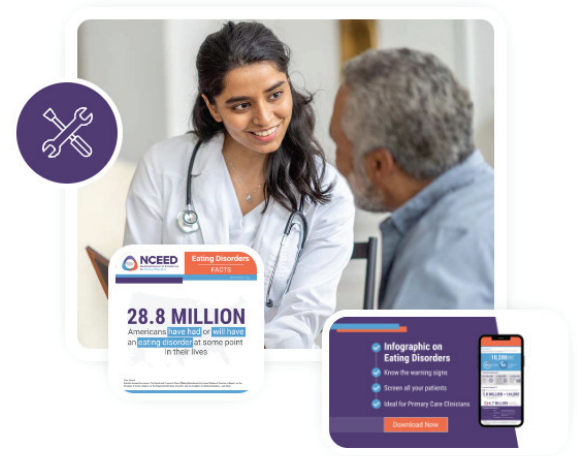
Louise Metz, PhD

Anna Bardone-Cone, PhD, FAED

[Learn More](#)

Explore Our Online Toolkit

Evidence-based resources and materials are an important part of communicating research and statistics on eating disorders. Our new site features two Toolkits - one geared toward primary care providers and one geared toward individuals, family members and friends. Each Toolkit is a wonderful resource, whether you're a provider who wants more information on helping your patients or a parent looking for information on how to support your child at mealtime.



Healthcare Providers Toolkit

Individuals, Family Members and Friends Toolkit

Collaborate with Us

Are you part of an organization that wants to work with NCEED on a webinar, training, grand rounds or other meeting? We have an easy to use Collaboration Request Form available on our site to handle all of these requests. Simply submit your request electronically and one of our staff will be in contact with you to start planning. We look forward to hearing from you!



Submit a Collaboration Request

Get Updates from NCEED

From updated research and clinical whitepapers to new infographics and webinar notifications, our newsletter is a great way to stay informed about current NCEED happenings. Sign up today to receive our newsletter and stay aware of important information related to eating disorders.

Sign Up Now



Education **Spotlight**



Identifying Early Signs of Eating Disorders: Key Insight in the Dental Office

People of all ages, races, and backgrounds are affected by eating disorders. If left untreated, the destructive dietary habits may lead to serious systemic health complications, irreversible bodily harm, and death. Early identification and intervention are the most important factors in improving long-term outcomes.

While many physical manifestations present late in disease progression, there are multiple oral manifestations which can be identified earlier in the course. Thus, oral healthcare specialists are uniquely positioned to screen for these early signs and expedite multidisciplinary intervention.

By the end of this webinar, you will be able to:

- Differentiate types of eating disorders
- Evaluate the effect of early intervention on long-term outcomes
- Compare multiple oral and systemic manifestations and their time of onset
- Identify patient-based and provider-based obstacles to screening in a dental setting
- Summarize the unique ways in which oral healthcare providers can promote early identification



Date: Monday, November 13, 2023

Time: 3:00pm-4:00pm EST

[Register Now](#)



Presenter:

Brittany L. Davis, DDS, MD Candidate

Emory University School of Medicine, Class of '25
Columbia University College of Dental Medicine

[See Accreditation Details & Register Now](#)

WEBINAR

News You Can Use

Dr. Christine Peat was a guest on the Eating Disorders: Navigating Recovery podcast. She discussed her work as a clinician and researcher and also shared some updates on the SBIRT-ED screening tool. [Listen to the podcast here.](#)

Earlier this year, Dr. Peat was featured in a video interview with the National Eating Disorders Association (NEDA) to discuss the eating disorder training that frontline medical providers receive. [View the video here.](#)

Dr. Cynthia Bulik participated in a podcast with The Neuroscience Education Institute on the topic of "Eating Disorders, Nutrition, and the Brain." Dr. Bulik talked about avoidant/restrictive food intake disorder and how our gut health impacts the development of eating disorders. [Listen to the podcast here.](#)



Visit our website to sign up for our quarterly email newsletter. Each issue features the latest updates from our Leadership Team, and critical data surrounding eating disorders. You can also register for upcoming webinars.

[Sign Up Now](#)

Contact Our Team



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