



AUGUST 2023 NEWSLETTER

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Grant Statement

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From the Director's Desk



Welcome to this quarter's edition of the NCEED newsletter! We're excited to update you on our current projects and continued work.

The NCEED-developed Screening, Brief Intervention, and Referral to Treatment for Eating Disorders ([SBIRT-ED](#)) protocol continues to garner significant interest and demonstrated utility since its initial launch. In fact, in the last quarter, **NCEED has worked closely with the Health Resources and Services Administration (HRSA) to provide SBIRT-ED training specifically to medical residents in its [Primary Care Training Enhancement \(PCTE\) program](#)**. This exciting collaboration is reflective of [federal appropriations for eating disorder training](#) passed in December 2022. These appropriated funds required that primary care providers in HRSA's PCTE program receive training on early diagnosis and referral to eating disorders treatment and represent a major advancement in increasing the capacity of primary care providers to engage in eating disorder work. NCEED worked with the PCTE program to create a curated set of resources (e.g., on-demand webinars, provider checklists, and medical guidelines) in addition to hosting a live question and answer session for clinicians from across the country to ask questions about SBIRT-ED and eating disorders in the primary care setting. We are thrilled with the progress made thus far, and we are eager to increase the impact of SBIRT-ED. To that end, we would love for you to share this resource with primary care clinicians in your network. If you (or a primary care practice) are interested in implementation support, please do not hesitate to contact us for assistance!

In the coming months, NCEED will launch several initiatives and training events including: advancement of a pediatric version of SBIRT-ED, development of training for behavioral health clinicians working in primary care, and introduction of a specialty consult request service. These new initiatives are being established to meet the demonstrated needs of NCEED stakeholders, particularly those clinicians working in primary care. Feedback from providers has illustrated the need for training and resources that are tailored to their scope of practice – a demand that NCEED is well-positioned to meet. We will update you in this newsletter as these initiatives progress. In the interim, please be on the lookout for a refreshed NCEED website this fall. The updated site will improve user-friendliness and streamline some of the content we have accumulated over the years. We hope you will be pleased with the results! We are continually humbled by your commitment to the work of NCEED and look forward to interacting with you, so don't hesitate to reach out to us with questions or ideas at info@nceedus.org!

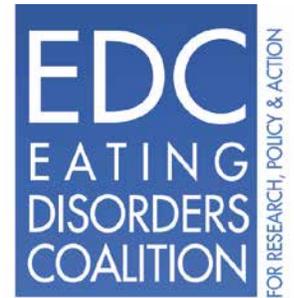
Best Regards,

Christine M. Peat, PhD, FAED, LP

Director, National Center of Excellence for Eating Disorders
Associate Professor of Psychiatry, University of North Carolina at Chapel Hill
President, Eating Disorders Coalition for Research, Policy, & Action

Eating Disorders Coalition Hosts Annual Advocacy Day

The annual Eating Disorders Coalition Advocacy Day was a great success! Attendees shared personal stories and engaged with members of Congress to support crucial legislation to benefit the eating disorders community. Two important bills were discussed: [Improving Mental Health and Wellness in Schools Act](#) and [Kids Online Safety Act](#).



“Advocacy Day is always an incredible experience where our larger community comes together for common good, and this year was no exception,” said EDC Board President Christine Peat, PhD, FAED, LP. “It is incredibly powerful to see advocates from all over the country donating their time and telling their personal stories to effect real change.”

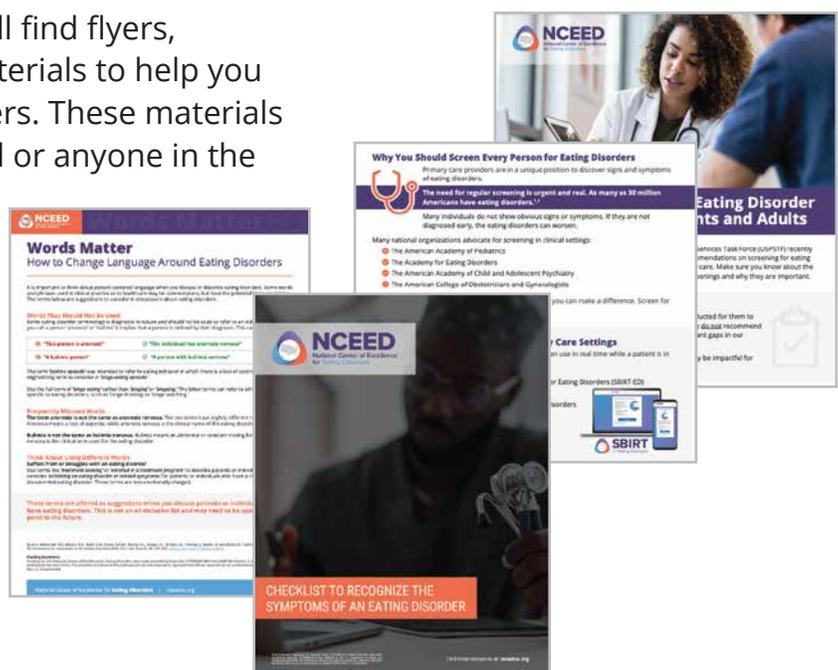
For more information, read the event press release here

[Read the Full Press Release](#)

NCEED Toolkit for Healthcare Professionals

Have you visited our online toolkit? You'll find flyers, newsletters, infographics, and other materials to help you understand the effects of eating disorders. These materials are perfect for a healthcare professional or anyone in the field of eating disorders.

[View the Toolkit](#)



SBIRT-ED



Since the creation of our SBIRT-ED screening tool, we continue to see evidence of its use and effectiveness in primary care practices across the country. As part of that tool, we developed a video to explain the benefits of using SBIRT-ED. We're honored that our video won Gold from the 2023 Aster Awards, a program to honor excellence in healthcare advertising.



[View the video](#) and [use the tool here](#).

[View the video](#)

Education Calendar

The NCEED team presents monthly CME-certified webinars. Each event offers evidence-based insights and tools to help primary care clinicians and other providers identify and treat eating disorders. For information on this year's webinars, or to view any on-demand webinars, please visit our [Education Calendar page](#).



[See Courses Now](#)



[See On-Demand Webinars](#)



Dr. Christine Peat spoke to medical publication STAT earlier this year about weight stigma and the challenges patients face when seeking help. Visit STAT to read more about this story.

[Read the Full Story](#)



Visit our website to sign up for our quarterly email newsletter. Each issue features the latest updates from our Leadership Team, and critical data surrounding eating disorders. You can also [register for upcoming webinars](#).

[Sign Up For Our Newsletter](#)

Contact Our Team

We always look to partner with other organizations on education, content, awareness building, and more. Have ideas on how to collaborate? Let's talk!



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